

SPRING/SUMMER 2023

Spicy Veggie Keema Curry with Rice & Mini Naan*
Sweet Potato Falafel, Flat Bread, Salad & Tomato Salsa*
Roasted Vegetable & Houmous Panini
Peas, Roasted Cumin Carrots, Baked Beans & Mixed Garden Sa

TUESDAY

Chicken Sausage & Mash with Onion Gravy
Veggie Bangers & Mash with Onion Gravy*
Pad Thai Chicken with Garlic Green Beans
Mashed Potato, Green Beans, Sweetcorn, Baked Beans & Mixed Gard

WEDNESDAY

Roast of the Day with Traditional Accompaniments or Hot Filled Bag
Roasted Mediterranean Vegetables en Croute
Salmon, Tuna & Sweetcorn Pasta in a Creamy Sauce
Roast Potatoes, Carrots, Green Cabbage, Baked Beans & Mixed Gard

THURSDAY

Firecracker Chicken Topped Mac 'n' Cheese
Creole Vegetable Topped Mac 'n' Cheese
Jamaican Curried Pork with Rice & Peas
Sweetcorn, Garlic Green Beans, Baked Beans & Mixed Garden Sa

FRIDAY

Battered Sustainably Sourced Fish with Chips
Squash, Feta, Pea & Mint Frittata
Piri Piri Spiced Chicken Burger with Slaw
Chipped Potatoes, Mushy Peas, Baked Beans & Mixed Garder

*Vegan Option Available

WEEK TWO

NEW