

# Newfield Talbot WEEK ONE

## MAKE

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Main Meal  
Choice Halal

Traditionally Made  
Italian Style Pasta  
Bolognaise

Mildly Spiced Chicken  
Tikka Masala and  
Mixed Rice

Traditional Roast of  
the Day with all the  
Trimmings

Crisp and Golden  
Potato Topped  
Shepherd's Pie

Deep Fried Fish  
served with Lemon  
and Tartare Sauce

Main Meal  
Choice

Spicy Chicken Breast  
served in a Bun with  
spicy mayo

Homemade Minced  
Beef and Vegetable  
Pie

Savoury Salmon and  
Tuna Pasta Bake

Oriental Sweet and  
Sour Pork served  
with Rice

Fresh Assorted Italian  
Style Pizza Slices

Vegetarian

Spicy Vegetable and  
Lentil Curry served  
with Rice

Chunky Vegetable  
Chilli and Rice

Fresh Oven Baked  
Cheese and Tomato  
Quiche

Caribbean Style  
Vegetable Burrito

Various Filled Jacket  
Potatoes

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Vegetables

Jackets wedges  
Sliced Carrots  
Mixed Vegetables  
Baked Beans  
Mixed Garden Salad

New Potatoes  
Green Beans  
Sweetcorn  
Baked Beans  
Mixed Garden Salad

Roast Potatoes  
Broccoli Florets  
Diced Carrot & Swede  
Baked Beans  
Mixed Garden Salad

Spicy Diced Potatoes  
Garden Peas  
Cauliflower Florets  
Baked Beans  
Mixed Garden Salad

Chipped Potatoes  
Mushy Peas  
Baked Beans

Mixed Garden Salad

Hot Sweet of the Day  
Fresh Fruit Salad

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Fresh Fruit Salad

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Fresh Fruit Salad

Available Daily

Assorted Snacks, Various Filled Sandwiches, Rolls and Wraps, Fresh Salads, Cold Desserts and Tray Bakes